Monday 6th October, 2025

SOUP

Soup du Jour (ve) £5.30

ROAST OF THE DAY

Roast Leg of English Lamb with Rosemary
Served with Red Currant, Pan Juices, and Mint Sauce (gf) £17.50

MAIN COURSES

Flame Grilled Iberico Pork T Bone, Fried Italian Cheese Polenta, Mushroom and Cider Vinegar Cream Sauce (gf) £15.95

Baked Cornish Cod, Wilted Spinach and Chimichurri Sauce (gf) £15.95

Penne Pasta, Garlic, Chilli, Olives, Capers, Romanesco, and Parsley Sauce (v) £15.95 £12.50

Served with a choice of:

Roast Potatoes with Garlic and Rosemary (ve, gf)
Smoked Paprika Parmentier Potatoes (v, gf)

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Chef's Choice of Desserts

FRUIT BOWL £1.00 per item

Roast Parsnips (ve, gf)
Steamed Fine French Beans (ve, gf)

SALADS

Large £14.00 Small £7.90

CHEESE

Selection of Cheeses and Biscuits £8.00

HOT DRINKS

£3.00

Selection of Nespresso Coffees
Selection of Jing Teas

COLD DRINKS

Tuesday 7th October, 2025

SOUP

Soup Du Jour (ve) £5.30

ROAST OF THE DAY

Roast Grass-Fed Beef
Served with Pan Gravy, Creamed Horseradish (gf) and Yorkshire Puddings £17.50

MAIN COURSES

Mexican Chicken Enchilada Stuffed with Refried Beans, Peppers, Onions, Chipotle Chilli Sauce and Mexican Rice £15.95

Pan-Fried Sea Bass, Lightly Roasted New Potatoes, Samphire, Capers, and Olices (qf) £15.95

Mexican Plant-Based Chicken Enchilada Stuffed with Refried Beans, Peppers, Onions, Chipotle Chilli Sauce and Mexican Rice (v) £12.00

Served with a choice of:

Roast Potatoes with Thyme (ve,gf) Sweet Potato Fries (ve)

DESSERTS £7.00

Chef's Choice of Desserts

FRUIT BOWL £1.00 per item

Roasted Dutch Cut Carrots (ve, gf) Steamed Savoy Cabbage (ve, gf)

SALADS

Large £14.00 Small £7.90

CHEESE

Selection of Cheeses and Biscuits £8.00

HOT DRINKS

£3.00

Selection of Nespresso Coffees
Selection of Jing Teas

COLD DRINKS

Wednesday 8th October, 2025

SOUP

Soup du Jour (ve) £5.30

ROAST OF THE DAY

Roast Crown of Balham Free-Range Chicken served with Pan Gravy (gf), Bread Sauce, Pigs in Blankets, and Sage and Onion Stuffing £17.50

MAIN COURSES

Minced Beef and Onion Pies Served with Mash Potato and Parsley Sauce £15.59

Baked Teriyaki Salmon, Tender Stem Broccoli, Sushi Rice, Furikake £15.59

Ricotta and Spinach Tortellini Gorgonzola and Mascarpone Cream, and Toasted Walnuts (v) £12.00

Served with a choice of:

Roast Potatoes with Sea Salt and Cracked Black Pepper (ve, gf) Potato Croquette (ve) Roast Cauliflower (ve, gf)
Wilted Cavolo Nero with Onions and Garlic (ve, gf)

DESSERTS

£7.00

Chef's Choice of Desserts

FRUIT BOWL £1.00 per item

SALADS

Large £14.00 Small £7.90

CHEESE

Selection of Cheeses and Biscuits £8.00

HOT DRINKS

£3.00

Selection of Nespresso Coffees Selection of Jing Teas

COLD DRINKS

Thursday 9th October, 2025

SOUP

Soup du Jour £5.30

ROAST OF THE DAY

Roast Shoulder of Suffolk Pork
Served with Pan Gravy, Crackling, and Bramley Apple Sauce (gf) £17.50

MAIN COURSES

Keralan Chicken Kofta Cury Served with Mango Chutney, Lime Pickle, Brinjal Pickle, Mint Yoghurt Raita, and Tomato and Onion Salad (gf) £15.95

Blackened Cajun Hake with Spiced Tomatoes, Peppers and Chickpeas (gf) £15.95

Tandoori Squash, Spinach, Tamarind and Chickpea Balti Served with Mango Chutney, Lime Pickle, Brinjal Pickle, Mint Yoghurt Raita, and Tomato and Onion Salad (qf) £12.00

Served with a choice of:

Roast New Potatoes with Toasted Sesame Seeds
(ve, gf)
Spiced Pilau Rice (ve, gf)
Poppadoms (ve)
Naan Bread (ve)

Vegetable Samosa (ve)
Onion Bhaji (ve, gf)
Aloo gobi (ve, gf)
Steamed Broccoli (ve, gf)

DESSERTS

£7.00

Chef's Choice of Desserts

FRUIT BOWL £1.00 per item

SALADS

Large £14.00 Small £7.90

CHEESE

Selection of Cheeses and Biscuits £8.00

HOT DRINKS

£3.00

Selection of Nespresso Coffees
Selection of Jing Teas

COLD DRINKS

Friday 10th October, 2025

SOUP

Soup du Jour (ve)£5.30

ROAST OF THE DAY

Slow Roasted Honey and Mustard Glazed Smoked Bacon Loin with Charred Pineapple (gf) £17.50

MAIN COURSES

Chip Shop Battered Jumbo Sausage £15.95 Saveloy £15.95

Chip Shop Beer Battered Haddock £15.95

Wholetail Scampi £15.95

Battered Halloumi with Sweet Chilli Mayonnaise (v) £12.50

Served with a choice of:

Steamed Parsley Potatoes (gf)
Chip Shop Chips (ve)
Chip Shop Mushy Peas (ve, gf)
Minted British Peas (ve, gf)

Chip Shop Gravy (gf)
Chip Shop Curry Sauce (ve)
Inner Temple Tartare Sauce (gf)

DESSERTS

£7.00

Chef's Choice of Desserts

FRUIT BOWL

SALADS

Large £14.00 Small £7.90

CHEESE

Selection of Cheeses and Biscuits £8.00

HOT DRINKS

£3.00

Selection of Nespresso Coffees Selection of Jing Teas

COLD DRINKS