Monday 24th March, 2025

SOUP

Soup du Jour (ve) £5.30

ROAST OF THE DAY

Roast Leg of English Lamb with Rosemary
Served with Red Currant, Pan Juices, and Mint Sauce (qf) £17.50

MAIN COURSES

Slow Cooked Brisket Beef Pie with Roast Garlic Mash Potato and Caramelised Onion Gravy £15.95

Lightly Cured Coley Fillet with Sautéed Spinach and White Wine and Dill Cream Sauce (gf) £15.95

Crispy Fried Teriyaki Tofu with Stir Fried Vegetables and Toasted Sesame Seeds (ve)£12.50

Served with a choice of:

Maris Piper Potatoes with Rosemary (ve, gf)
Aromatic Seamed Wild Rice (ve, gf)

DESSERTS £7.00

Chocolate and Peanut Butter Sponge with Custard
Chef's Choice of Cold Desserts

FRUIT BOWL £1.00 per item

Green Beans, Garlic and Chilli (ve, gf)
Steamed Broccoli (ve, gf)

SALADS

Large £14.00 Small £7.90

CHEESE

Selection of Cheeses and Biscuits £8.00

HOT DRINKS

£3.00

Selection of Nespresso Coffees
Selection of Jing Teas

COLD DRINKS

Tuesday 25th March, 2025

SOUP

Soup du Jour (ve) £5.30

ROAST OF THE DAY

Hereford Dry Aged Beef, served with Pan Gravy, Creamed Horseradish (gf) and Yorkshire Puddings £17.50

MAIN COURSES

Grilled Pork Loin Steak with Peperonata Olives and Capers (gf) Garlic Bread £15.95

Citrus Glazed Atlantic Salmon Fillet (gf) Mint and Pomegranate Giant Cous Cous £15.95

Baked Feta Cheese Saganaki with Rocket, Tomato, Olive, Onion and Basil Salad (v) £12.00

Served with a choice of:

Maris Piper Roast Potatoes with Thyme (ve, gf)
Tater Tots (ve)

Steamed Carrots with Rapeseed Oil and Parsley (ve, gf)
Steamed Cauliflower (ve, gf)

DESSERTS

£7.00

Pear and Ginger Crumble with Custard
Chef's Choice of Cold Desserts

FRUIT BOWL £1.00 per item

SALADS

Large £14.00 Small £7.90

CHEESE

Selection of Cheeses and Biscuits £8.00

HOT DRINKS

£3.00

Selection of Nespresso Coffees

COLD DRINKS

Wednesday 26th March, 2025

SOUP

Soup du Jour (ve) £5.30

ROAST OF THE DAY

Roast Breast of Sladesdown Free Range Duck Breast, Cheddar and Potato Rosti, Cranberry Gravy (gf) £17.50

MAIN COURSES

BBQ Jerk Cob Chicken Leg and Charred Corn with Butter Lime Caribbean Coleslaw (gf) £15.59

Provencal Pollock in Rich Tomato Sauce, Romanesco, Cauliflower and Pine Nuts (qf) £15.59

Roasted Aubergine Miso, Sesame Crush Sweet Potato and Edamame Beans (ve) £12.00

Served with a choice of:

Roast Potatoes with Sea Salt and Black Pepper (ve, gf)
Herb and Pepper French Fries (ve)

Steamed Corn with Coriander and Chilli (ve, gf)
Steamed Cauliflower (ve, gf)

DESSERTS £7.00

Coconut and Date Pudding with Custard
Chef's Choice of Cold Desserts

FRUIT BOWL

SALADS

Large £14.00 Small £7.90

CHEESE

Selection of Cheeses and Biscuits £8.00

HOT DRINKS

£3.00

Selection of Nespresso Coffees
Selection of Jing Teas

COLD DRINKS

Thursday 27th March, 2025

SOUP

Soup du Jour (ve) £5.30

ROAST OF THE DAY

Roast Suffolk Pork Served with Pan Gravy, Crackling and Bramley Apple Sauce (gf)£17.50

MAIN COURSES

Beef Aleesa Served with Mango Chutney, Lime Pickle, Mint Yoghurt Raita (gf) £15.95

Poached Sea Trout, Grilled Vegetable and Quinoa Salad with Yogurt Lemon Dressing (gf) £15.59

Grilled Paneer, Charred Aubergine and Lentil Curry (ve, gf)£12.00

Served with a choice of:

Roast New Potatoes with Toasted Sesame (ve, gf)
Spiced Pilau Rice (ve, gf)
Poppadoms (ve)
Naan Bread (ve)

Vegetable Samosa and Onion Bhaji (ve)
Aloo Gobi (ve, gf)
Chef's Choice of Vegetables (ve, gf)

DESSERTS

£7.00

White Chocolate and Strawberry Bread and Butter Pudding with Custard
Chef's Choice of Cold Desserts

FRUIT BOWL £1.00 per item

SALADS

Large £14.00 Small £7.90

CHEESE

Selection of Cheeses and Biscuits £8.00

HOT DRINKS

£3.00

Selection of Nespresso Coffees
Selection of Jing Teas

COLD DRINKS

Friday 28th March, 2025

SOUP

Soup du Jour (ve)£5.30

ROAST OF THE DAY

Slow Roasted and Glazed Smoked Bacon Loin with Honey and Mustard and Charred Pineapple (gf)£17.50

MAIN COURSES

Chip Shop Battered Jumbo Sausage £15.95
Saveloy £15.95

Chip Shop Beer Battered Cod £15.95

Breaded Scampi £15.95

Chef's Choice of Vegan Main £12.50

Served with a choice of:

Steamed Parsley Potatoes (v, gf)
Chip Shop Chips (ve)
Chip Shop Mushy Peas (ve, gf)
Minted British Peas (ve, gf)

Chip Shop Gravy (gf)
Chip Shop Curry Sauce (ve) Inner
Temple Tartare Sauce (v, gf)

DESSERTS £7.00

Chef's Choice of Desserts

FRUIT BOWL £1.00 per item

SALADS

Large £14.00 Small £7.90

CHEESE

Selection of Cheeses and Biscuits £8.00

HOT DRINKS

£3.00

Selection of Nespresso Coffees
Selection of Jing Teas

COLD DRINKS